

Hill-Murray Girls Soccer Information 2024



Are you ready to be part of a team that values hard work, sportsmanship, leadership, teamwork, and personal growth?

Sign up for our Hill-Murray Pioneers Girls Soccer and start your journey to success.

Fall sports Kick-off:

Date: August 6th

Time: 6 pm

TeamSnap:

Click here to register for TeamSnap: <https://go.teamsnap.com/forms/445583>

After the tryout, you will be placed on a team via Teamsnap.

Feed My Starving Children:

Date: August 20th

Time: 9:15- 11:30 am

Sign up: A link will be provided for you to sign up.

Tryouts:

August 12th- 16th:

Open to 8-12 Graders

Dates:

Note that times are subject to change due to other programs using the stadium. However, the day will stay the same.

Monday, August 12th: Morning - 8-10 am Grass

Afternoon: 3- 5 pm Stadium

Tuesday 13th: Morning - 8-10 am Stadium

***Bring your tennis shoes and cleats to the morning session. ***

Afternoon: 3:00-5:00 pm. Grass

Wednesday 14th: morning 8-10 Stadium

Afternoon: 3:00-5:00 pm.

Thursday 15th: Morning 8 - 10 Grass

Afternoon: 3:00-5:00 pm Stadium

Friday 16th:

Afternoon Practice 2:30 - 4:30 pm Stadium

Parent meeting:

Location: Commons

Time: 5 pm

Saturday 17th:

Scrimmages at Stillwater High School TBD (Varsity and Jv only)

What to bring: a Soccer ball, a white T-shirt, appropriate clothes for the weather, shin guards, water, cleats, and tennis shoes.

Evaluated: Technical, Tactical, and Physical aspects of the game of soccer

We will be conducting pool training throughout the week. The players will be placed in their respective teams by the end of the week.

Girls Soccer Program Philosophy: Empowering Through Values

At our girl's soccer program, we believe in creating an environment that develops exceptional soccer players and cultivates well-rounded individuals. Our philosophy is grounded in core values guiding every program aspect. We strive to instill and foster leadership, sportsmanship, respect, teamwork, accountability, kindness, and trust within our players.

1. **Leadership:** We aim to develop leaders both on and off the field. We encourage our players to take the initiative, inspire their teammates, and lead by example. Leadership is about empowering others, fostering a positive team culture, and promoting growth and development among all players.
2. **Sportsmanship:** We emphasize the importance of sportsmanship in every aspect of the game. We encourage our players to display fair play, integrity, and respect for opponents, officials, and teammates. We celebrate the achievements of others and embrace the joy of competition with grace and humility.
3. **Respect:** Respect is the foundation of our program. We teach our players to respect themselves, their coaches, teammates, opponents, and the game. We value diversity and inclusivity, promoting an environment where everyone feels valued and respected.
4. **Teamwork:** Teamwork is the essence of success. We foster a cooperative and collaborative atmosphere where players learn to trust and rely on each other. We emphasize the value of selflessness, communication, and support to achieve common goals and overcome challenges together.
5. **Accountability:** We encourage our players to own their actions and decisions. Responsibility is about being disciplined and committed to personal and team

growth. We teach our players to embrace challenges, learn from mistakes, and continuously strive for improvement.

6. **Kindness:** Kindness is a fundamental principle in our program. We promote empathy, compassion, and support among our players. We celebrate acts of kindness on and off the field, fostering a positive and uplifting environment where players feel valued and supported.
7. **Trust:** Trust is the bond that strengthens our team. We prioritize open and honest communication, ensuring players feel safe and secure within our program. We foster an environment where players can express themselves freely, share their thoughts and ideas, and build trusting relationships with their teammates and coaches.

By embracing these values, we aim to develop not only skilled soccer players but also exceptional individuals who will make a positive impact in their communities. In addition, our program is committed to providing a nurturing and empowering environment that prepares our athletes for their future.

Quotes:

"Efforts and courage are not enough without purpose and direction."

John F. Kennedy

"There will be obstacles. There will be doubters. There will be mistakes. But with hard work, there are no limits."

"Don't compare your results to some else's, you can never be another person. You can only be a better version of yourself."

" Probably the main thing players and coaches have taught me is to always work hard, never give up and fight until the end. Because it is never really over until the whistle is blown."

" I learned all about life with a ball at my feet"

"Every day is a chance to get better."

" Failure happens all the time. it happens every day at practice. What makes you better is how you react to it."

" Failure is an event, not a person."

"Future success is based on present productivity. Success is about steady thought and working overtime. Don't rush results; invest in them!"

"A group becomes a team when each member is sure enough of himself and his contributions to praise the skills of the others."

"The best players define themselves by the reaction to mistakes. In training, they learn from them - in games, they forget about them. It is a learnable skill."

"The vision of a Champion is someone who is bent over, drenched in sweat, at the point of exhaustion when nobody else is watching" Anson Dorrance.

" While a person hesitates while he feels inferior, the other is busy making mistakes and becoming superior." Henry Link

Head Soccer Coach: Simbo N'diaye

Phone: 612-466-0362

Email: sndiaye@hill-murray.org